PERSPECTIVE



WHERE WILL THE DIGITAL SERVICE DESIGN REVOLUTION TAKE YOU?

Discover the opportunities in healthcare and life sciences

What does the digital service design revolution actually look like? It's a leap in patient care and health outcomes with physicians, specialists, nurses, the community of experts, the community of patients, and the patient's family working alongside the patient to make treatment decisions easy and care personalized. It's a boost to collaborative, supportive care. And it's peace of mind for everybody involved, knowing that all health parameters are constantly monitored, preventive measures ensured, and timely action taken in a closed loop delivery of care. Here's how.



Recently, we designed a digital service use case to enhance Multiple Myeloma (MM) patient engagement and outcome for a global research and development-driven pharmaceutical company. Typically, MM affects the elderly population. However, each patient is different with their own comorbidities, treatment concerns, and preferences. Here is Ben suffering from MM and diabetes. He takes radiation therapy at

A digital service design for remote and personalized care for MM

regular interventions for symptom control. On a day-to-day basis, Ben tracks his blood glucose level, takes insulin, and most likely, a few drugs such as iron supplement for anemia and aspirin or warfarin to prevent thrombosis. At a broader level, he might be seeing a general physician, an oncologist, a skilled nurse, a radiation therapist and other caregivers. Now let's throw digital solutions into the mix: Ben may have an

Treatment typically entails multiple sequences of drugs and combination therapies such as chemotherapy, stem cell transplant or radiation therapy depending app to track his appointments, another to manage his diabetes, an e-prescription for medicine renewal and monitoring app, a fitness tracker, a digital diary to track his reports, and so on. For a chronic disease sufferer, managing these singular pieces are exceptionally overwhelming. Can we offers a holistic solution that empathizes with his needs and offers care collaboratively and intuitively across the user journey?

on the stage of the disease. As the Mprotein cells develop resistance to drugs, myeloma relapses.



Unmet needs of patients and caregivers

Deciding the treatment course

Adhering to the treatment course

Dealing with chemotherapy side effects

Coming to terms with an uncertain future and long-term treatment

Maintaining a good quality of life

Keeping track of lab visits and reports, scheduling appointments, maintaining daily medication logs, and adhering to combination therapies Managing side effects

Getting collaborative, supportive care, especially if very elderly

Prescribing the right combination of medications and therapies while collecting data to predict patterns

How would digital service design impact the patient journey?



Digital service design opportunities

For the various stakeholders involved in delivering care

Onboard all stakeholders taking care of the patient on a single platform that provides access to the care plan to all and is updated in real-time.

Each stakeholder has the complete picture of the patient outcome based on his / her role in care delivery.



In compliance with HIPAA, information sharing is monitored and each stakeholder is paid based on the service rendered using a subscription-based payment model offered by life sciences enterprises. In this way, life sciences enterprises can monetize the service packages while providing holistic care to the patient.

For the patient

| | Deliver medications at home | • | Enable homecare services with nurses and homecare teams visiting home to deliver care | • | Enable diagnostic services at home |
|---|--|---|---|---|---|
| · | Health tracking and monitoring through wearables, devices and apps | • | Capture of patient and device data for trend analysis | • | Enable alerts and notifications |
| | Enable virtual consultation and appointment scheduling | • | Enable online payments, and service and supplies requests | • | Real-time delivery of care and assurance to patient that his/her health is in the hands of a high-quality care team |

Digital solution components



Discover the digital service design opportunity



Service design looks at things entirely from the user's point of view: their goals, actions, constraints, and obstacles throughout the user journey. It then adopts a systematic and holistic approach to satisfy key user needs; in healthcare's For those who embrace the digital service design revolution, the dividends will certainly be high. Consider these – the connected health and wellness device market is projected to hit a whopping USD612 billion by 2024[•] and the virtual healthcare market is expected to reach USD3.5 billion by 2022."

While there are several digital solutions available in the market today that offer standalone services to patient, a holistic solution is missing.



case, the patient's need for access, control, value, convenience, and enjoyment. This is accomplished by strategically creating new and engaging experiences across multiple touchpoints – a touchpoint being any interaction between the user (patient)



and other stakeholders (doctors, nurses, pharmacists, and family). In essence, service design looks at all touchpoints, not just as isolated experiences but collectively as a whole. Therefore, a service design is built around four core elements:

It's holistic: Considers environments beyond the user device Entails co-creation: Involves all actors/stakeholders in the service design process Employs sequencing: Visualizes the service as a series of interrelated actions Applies evidencing: Visualizes intangible services in terms of physical artifacts It involves all the stakeholders in the innovation process and creates value for everybody involved – the patient, the healthcare provider, the pharmacists, and the caregiver.

The service design process

| Assess existing touchpoints | Formulate service attributes | Develop service design blueprints | |
|---|---|--|--|
| Understand and communicate existing service experiences | Strategically generate a differentiated experience across touchpoints | Prototype and validate services with internal and external users | |
| | Develop new service propositions | Downstream iterative development | |

Digital service design components

| Patient information | Record, track, share and research health information |
|---------------------|---|
| Patient engagement | More focused and timely diagnosis and therapy by creating an ecosystem of partners, caregivers, healthcare professionals and patients |
| Remote monitoring | Devices that allow patients to self-monitor their health and relay the data to the physicians, who interpret the data and recommend a treatment course – the entire process is virtual |
| Patient adherence | Medication reminders with mechanism for 'glowing bottles or devices' to indicate it's time for medication, alerts to the physician and caregivers in case of failure to adhere to medication schedule, schedule appointments, e-visits, lab test reminders, prescription renewals |

Touching every touchpoint

| Patient administration | Lab test order placed by physician | Test results |
|---------------------------------------|------------------------------------|---------------------------------------|
| Diagnosis post the case history check | Second opinion / referrals | E-prescriptions to dispense medicines |

Delivering service differently

Service design addresses the inherent industry challenges in healthcare and life sciences – being fragmented, disease-focused, reactive and episodic, disconnected and unintelligent. It offers an opportunity for them to become:





Democratized

Full access to care and data



Care happens all the time and everywhere



Collaborative

Anyone can be a care provider and everyone works together to provide care



Personalized

Complete picture of the patient for individualized care solutions

For healthcare providers, it is an opportunity to:

Reduce healthcare costs

- Reduce healthcare costs
- Accurately forecast hospital occupancy
- Predict and reduce hospital readmission rates
- Move care to lower cost settings, including homes
- Ensure better patient adherence and treatment compliance

Enhance patient experiences

- Improve patient health literacy
- Increase self-management
- More proactive practitioners interventions

Improve healthcare outcomes

- Leverage automated and intelligent care solutions
- Leverage remote closed-loop patient monitoring systems
- Improve population screening, diagnosis, and literacy
- Increase access to healthcare practitioners
- Reduce medical errors through information transparency
- Coordinate and integrate care

For life sciences, it is an opportunity to:

Reduce healthcare costs

- Foster faster and accurate clinical decisions
- Increase wellness management

Enhance patient experiences

- Improve patient health literacy
- Increase self-management
- Empower patients to participate in their own healthcare decisions

Improve healthcare outcomes

- Improve population screening, diagnosis, and literacy
- Incentivize and drive quality
- Introduce automated and intelligent care solutions
- Introduce remote closed-loop patient monitoring systems
- Enhance device features and capabilities
- Predict health conditions

See how the opportunities fall in place with Infosys We begin at the fuzzy front-end in designing new service design solutions





For more information, contact askus@infosys.com

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